

Good morning Students and Parents/Guardians:

“insuremykids” Student Accident Plan Insurance Forms are available at the office. If you are interested in receiving this information, please contact the school and we will send a form home with your student. You are also able to apply online (www.insuremykids.com).

Buy your student card! Students need one for sports teams and discounts at dances! They are on sale during both Intermediate and Secondary lunches. Secondary cards are \$20 Intermediate cards are \$15. Money collected from student card sales goes towards extra-curricular costs such as entry fees, officiating fees, bussing and to purchase new uniforms.

Please review the following points:

Whole School

- Thursday, September 26 – Terry Fox Walk, 1:15 pm – 2:00 pm bring a toonie for Terry and wear comfortable shoes for our annual walk!
- Thursday, September 26 – House Colour Day – wear your house colour and receive house points and candy! House lists are posted in the main hall and in the Intermediate wing.
- Friday, September 27 – PA Day
- Monday, September 30 – Orange Shirt Day this is an opportunity to recognize injustices to Indigenous peoples and for local governments, schools, and communities to come together in the spirit of reconciliation and hope for generations of children to come.
- Monday, October 14 – Thanksgiving Holiday
- Our social media accounts are:
 - o Facebook: Rideau District High School – UCDSB
 - o Twitter: RideauDHS_UCDSB @RUcdsb
 - o Instagram: [@rdhslions](http://www.instagram.com/rdhslions)
- Please contact marcia.miller@ucdsb.on.ca if your student will be absent or call the school at 613-359-5391 – answering machine is available 24 hrs/day

Intermediate School (Gr 7 & 8)

- Intermediate athletic shirts continue to be on sale until this Wednesday, September 25. See Mr. Seed for an order form.
- Intermediate Band sign up is on the extra-curricular board in the Intermediate wing.
- Tuesday, September 24 – Foley Mountain trip for Gr. 7's and Gr. 8 WEB leaders
- Thursday, September 26 – Intermediate Open House 6:00 pm – 7:30 pm

Secondary School (Gr 9-12)

- Tuesday, October 1 – SEVEC Parent Meeting, Learning Commons at 7:00 pm
- Wednesday, October 9 – Loyalist College and St. Lawrence College Open House bus trip for Gr 12's, please see Mrs. McCourt for a permission form.
- Tuesday, October 15 – Secondary Preliminary Reports go home.
- Thursday, October 17 – Secondary Parent/Teacher Night in the Gymnasium, 5:30 pm – 7:30 pm.

If you have any questions or concerns, please contact the school. As well, if you have any address changes or phone number/email address/emergency contacts to update, please reply to this email or contact the school.